

# KSEA Senior Forum Series

Welcome to our KSEA Senior Forum Series! Our goal is to provide KSEA seniors with a safe and supportive space to come together, learn from each other, and share experiences. We will be hosting monthly forums focusing on topics relevant to seniors, such as health and wellness, finances, and social activities. Our forums are open to the public, and we invite KSEA seniors of all ages and backgrounds to join us.

## Topics

- **Finances:** We will discuss how to manage money, budgeting, and retirement planning.
- **Sharing:** We will discuss how and where to share our wealth, talents, and time.
- **Health and Wellness:** We will discuss topics such as exercise and nutrition, healthy aging, and mental health.
- **Technology:** We will discuss how to use technology to stay connected, stay informed, and access services.
- **Education:** We will discuss ways to continue learning and growing, as well as ways to take advantage of educational opportunities.
- **Social Activities:** We will explore ways to stay connected with friends and family, as well as ways to find and participate in community activities.
- **Self-Care:** We will explore ways to practice self-care, including relaxation techniques and stress management.

**Thursday, Oct 26<sup>th</sup>, 2023**  
**(virtual)**

**8:00 - 10:00 PM ET**

**Zoom Link**

## *Electric Mobility for Investment*

Hong Thomas Hahn

## *Discussion*

Sung-Kwon Kang

This forum explores the dynamic landscape of electric mobility and its immense potential for savvy investors. Electric mobility is emerging as a game changer in an era where sustainable practices are at the forefront of global concerns. We will delve into the transformative power of electric vehicles (EVs), charging infrastructure, and related technologies.

**Speaker**



Hong T Hahn

**Moderator**



Sung-Kwon Kang

**Any questions can be sent to [itm@ksea.org](mailto:itm@ksea.org)**

